

CV

Jimmy Tannous

PERSONNAL DETAILS

Address: Dekweneh, Lebanon

Gender: Male

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Date of birth: 17th October 1996

Marital status: Single

PERSONAL SUMMARY

A highly motivated Coach that helps people reach their full potential and take part safely in their chosen sport. Looking forward to motivate my students to give their best and spend a good time. Experience in planning training programs, giving feedback on performance, monitoring the physical condition and mental attitude of those taking part, developing players into effective teams, going to competitions and events with participants.

EDUCATION & QUALIFICATIONS

- **1999 – 2014 :** Collège des Sœur du Rosaire -Mansourieh
- **2014 – 2015:** Business and Management (Lebanese University - Faculty of Economics) (1st year)
- **2014 – 2018 :** Physical Education (Lebanese University – Faculty of Education)
- **2015 (September) :** “AFC” Futsal coaching –Level 1

- **2015 (June)** : “AFC” Futsal Fitness coaching –Level 1
- **2015 (May –July)** : “Ministry of Youth and Sports” Fitness Training
- **2016 (January)**: “IFPA –I NSPIRE Fitness Academy” Strength and Conditioning
- **2016 (March)** : “LASIP” First Aid &CPR Workshop
- **2016 (September)**: “Red Cross” CPR/AED course (2hour)
- **2017 (June)**: “MUBS” Sport Challenges & Opportunities in Lebanon Conference
- **2018 (August)**: “Futsal Clinic Lebanon” International Futsal Clinic
- **2020 (October)**: “Northwestern University” Sports Marketing
- **2020 (October)**: “Universitat Autònoma de Barcelona” Sports Sponsorship
- **2020 (October)**: “Case Western Reserve University” Becoming a Sports Agent
- **2020 (October)**: “Indian School of Business” Leadership and Emotional Intelligence

WORK EXPERIENCE

- **2014 (September) - 2015 (December)**: Signed for Maten (Lebanese Futsal 2nd Division)
- **2016 (September) - 2017 (December)** : Signed for Lebanon Football Eagles Club (Lebanese Futsal 3rd Division)
- **2015 (July-August)**: Colonies Sacré Coeur Gemmayze Coach Mini-football and Basketball
- **2015(September) - 2016 (October)**: Physical Education Traineeship at « Rosary Sisters School »
- **2016 (October) – till present**: Physical Education « Rosary Sisters School »
- **2016(January) - till present**: BFA Football academy coach (PSG Academy)
- **2016(February) - till present**: Rosary Futsal Team - Head coach and Founder.
- **2016(January) - 2016(October)**: LES –International School of Louaize - Girls Team.

- **2016(January) - 2016(October):** LES –International School of Louaize - Junior Team (1-2-3-4).
- **2016(June-August) :** Coach Mini Club Vel -Fitness Zone Hazmiyeh (Football, Tennis, Gymnastics, Swimming)
- **2017 (June)- 2018 (July) :** Personal Trainer - Body Coach
- **2017 (September) - 2018 (December) :** Head Coach Club 1875 (Under 18)
- **2018 (September) – till present:** Founder of Glory Road Lebanon (Sports Event Management)
- **2018 (September) - 2019 (December) :** Head Coach Achrafiyeh Youth Club (Under 16 and Under 18)
- **2018 (September) - 2019 (December) :** Signed for Mouawad Futsal Club (Lebanese Futsal 2nd Division)
- **2019 (September) – till present:** Founder of Achieve Lebanon (Sports Wear)
- **2019 (September) - 2020 (December) :** Head Coach Achrafiyeh Youth Club (Under 16 , Under 18 and 3rd Division)
- **2019 (September) - 2020 (December) :** Signed for Jamhour Futsal Club (Lebanese Futsal 2rd Division)
- **2020 (September) – till present :** Head Coach Achrafiyeh Youth Club (Under 16 , Under 18 and 3rd Division)

LANGUAGE PROFILE

- **French:** Fluent in reading, writing and speaking.
- **Arabic:** Fluent in reading, writing and speaking.
- **English:** Good in reading, writing and speaking.

PERSONNAL SKILLS

- **Computer skills:**
 - Microsoft Windows, Word, Excel & PowerPoint.
 - Adobe Illustrator and Photoshop.

REFERENCES

Available upon request