

Yara Mahfouz

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Professional Summary

- Motivated skilled researcher with 7 years' experience as "research assistant", PhD candidate in "nutritional sciences" at USJ
- Extensive knowledge & experience in all research phases with 7 publications in scientific journals & public presentations, data science & data analysis experience
- Multipassionate with extended interests in knowledge economy, Sustainable Development Goals and UN's vision of 2030, local communities empowerment, social entrepreneurship and creative content creation

Work Experience

Research Assistant

2014-2021

Université-Saint-Joseph (USJ) - Beirut

- Conduct research projects, with focus on mixed-methods research, quantitative (major) & qualitative (minor): conceptualization, design research & tools, perform literature review, write proposals, field work, data collection & surveys, interviews & remote tools, database organization & cleaning, data management, statistical analysis, data visualization, data analysis & interpretation, write reports & scientific articles for 7 publications in peer-reviewed journals and public presentations
- Topics related to nutrition, environmental pollutants, epidemiology, health education, community nutrition, human behavior & public health
- Mentor, supervise & train graduate and postgraduate students and junior researchers
- Assist senior head researchers, team leaders & multidisciplinary team members, establish constructive communication, attend meetings both in person & remotely, collaborating with MDs, hospital directors & "ministry of environment" representatives
- Prepare applications for grants, draft & develop proposals and reports
- Organize & participate at local and international workshops, conferences, & events

Clinical registered dietitian

2014-2021

- Dietetic consultations for health & wellbeing: extended interviews & focus groups
- Sales and marketing of nutritional products (2017-2018): organize events & conferences, public presentations, communicate to various types of audiences, effective teamwork
- Dietitian Internship (2014-2015) at *Hôtel-Dieu de France – Beirut*

Technical Expertise & Transferable Skills

Nutrilog	Problem solving & Critical thinking
Python	Attention to details and accuracy
IBM SPSS	Communication skills & Public presentation
Microsoft Office 365, Word, Excel, PowerPoint	Interpersonal skills & teamwork
Zoom	Entrepreneurial mindset
Continuous learning and improving	Emotional intelligence
Working under pressure & deadlines	Organizational skills
Flexibility & fast adaptability	Creativity & Innovation
Training & coordination skills	Positive, friendly, affable, engaging

Education

PhD in Nutritional Sciences at *Université-Saint-Joseph – Beirut*

2018-ongoing (expected graduation date: February 2022)

- Human nutrition & biomonitoring, persistent organic pollutants, environmental exposure, maternal and newborn epidemiology & health effects
- Manage & perform study project, interviews, data analysis & publication

Certifications

- “Data Science” training and course implemented by “Michel Daher Social Foundation”, part of “Tech For You-th” program funded by USAID under “LIFE” project (2021)
- Certificate in Supervising Food Safety Training – Level 3 – GWR consulting (2014)

Languages

- Arabic : Native
- French : Bilingual
- English: Bilingual
- Georgetown English Proficiency Test: “Advanced Proficiency” level
- SAT test: score 1528

Extra-Curricular Activities

- “Knowledge economy skills program” implemented by Dr. Lara Macaron, funded by the US embassy of Beirut (2021)
- “Youth Leadership Programme Lebanon” - UNDP (YLP7) participants including training with INJAZ- Lebanon NGO (2021-ongoing)
- “EU SAFIR” Advocacy Program including training with “Mouvement Social” NGO (2021-ongoing)

Hobbies

- Hiking, travelling, personal development and learning, playing piano, singing, ballet dancing, music, arts, exploring, creative content and video creation
- https://www.instagram.com/my_nutritwins ;
<https://www.instagram.com/mycreativehood>