

Mouhamad Bou Reslan

Executive Chef



CONTACT INFORMATION

Address:

Ras El Maten , Mount Lebanon

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Email:

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PERSONAL INFORMATION

Gender: Male

D.O.B.: 1987

Nationality: Lebanese

Language: Arabic, English

EDUCATION BACKGROUND

2009, Sanabel Institute
TS Hospitality Management

Sanabel Institute
BT3 Marketing Management

2003-2005, Hamana Institute BT3
Accounting Management

1993 – 2003, Ras El Maten Official
School

PROFESSIONAL SUMMARY

I am confident and a highly driven cook with a positive approach and the ability to work in a busy environment, I am passionate cooking modern and traditional dishes.

Resourceful and proactive, I combine effective communication skills with years of professional cooking experience and kitchen management.

I would love to work in a busy and rewarding environment, which values team work, creativity and presentation, where I will be able to fully utilize my talents and abilities.

WORK EXPERIENCE

2014 – present, Carving Fruits and Vegetables
Freelance

2015 – 2020, Pineland Hotel & Health Resort
Executive Chef (Reference: Mr. Hicham Balout, Owner, 00961 3 684 222)

2013 - 2015, Keif Restaurant Habtoor
Head Chef (Reference: Mr. Richard Azoury, General Manager, 961 70 070 301)

2009 - 2013, Keif Restaurant Antelias
Assistant Chef (Reference: Mr. Moussa Aamar, General Chef, 961 70 668 277)

2007 - 2009, Mingle Restaurant, Dekwene
Healthy platters preparation under supervision of a specialized dietitian.
Assistant Chef (Reference: Mr. Imad Arawe, Executive Chef, 961 3 362 398)

Summer 2007, Olivo Italian Restaurant, Carlton Hotel - Bhamdoun
Chef de partie (Reference: Mr. Bassel Banna, General Manager, 961 70 195 233)

Summer 2006, Big Chicken Restaurant, Hamana
Chef de partie

Summer 2006, Crystal Restaurant, Ras el Maten
Sous Chef

Summer 2003, 2004, 2005, Collina Country Club, Rabiye
Sous Chef

Summer 2002, Rimal Country Club
Chef De Partie

ADDITIONAL INFORMATION AND SKILLS

Computer Skills:

POS software (Omega)

Microsoft applications (Windows, Word, Excel, Power Point),

Internet Browsing

Other Skills:

Fruits and vegetables engraving and decoration.